



LIFESTYLE SPENDING ACCOUNT (LSA)

EMPLOYEE HANDOUT

IMPROVE YOUR LIFESTYLE WITH AN EMPLOYER-FUNDED ACCOUNT



ABILITY TO USE FUNDS ON
A VARIETY OF LIFESTYLE-
RELATED EXPENSES



IMPROVE YOUR PHYSICAL,
EMOTIONAL AND FINANCIAL
WELLBEING



ONE ONLINE ACCOUNT AND
ONE MOBILE APP FOR ALL
YOUR BENEFITS

Lifestyle Spending Account Overview

A Lifestyle Spending Account (LSA) lets you be reimbursed for purchases of eligible physical, emotional and financial wellness expenses. Funds are contributed by your employer and cover a variety of expenses. By participating in an LSA, you simply purchase an eligible expense, file a claim and submit documentation to be reimbursed.

Eligible Expenses

Physical wellness

- Athletic equipment and accessories
- Exercise equipment
- Gym, health club, spa and fitness studio memberships
- Rock climbing, martial arts and tennis expenses

- Fitness classes (yoga, Pilates, spin/cycle, dance, etc.)
- Lessons (golf, swimming, tennis, dance, etc.)
- Personal trainer
- Fitness trackers
- Weight-loss programs
- Entry fees (marathons, leagues, etc.)
- Passes (ski, snowboard, golf, swimming, etc.)
- Nutritional supplements
- Nutritional counseling

Financial wellness

- Student loan reimbursement
- Home purchase expense reimbursement (down payment, closing costs, etc.)
- Financial adviser and planning services
- Financial seminars and classes
- Identity theft services

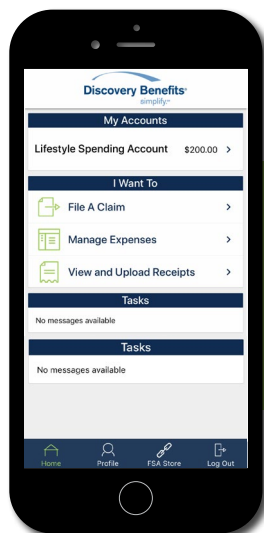
Emotional wellness

- Meditation classes
- Counseling services
- Retreats (leadership, spiritual, etc.)
- Massage services
- Pet care (walkers, day care, grooming, etc.)
- Camping (equipment fees, etc.)
- Personal development classes (art, cooking, etc.)
- Annual park pass
- Hunting and fishing licenses

Note: Food and beverages are ineligible

Reimbursement

To be reimbursed for LSA claims, simply submit a claim through your online account or the Benefits Mobile App by Discovery Benefits. You will also need to prove the eligibility of your expense by submitting documentation, which varies by expense type but must include date of service, type of service and amount.



DOWNLOAD THE APP FOR FREE ON APPLE
AND ANDROID SMARTPHONES AND TABLETS



Discovery Benefits®

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